

# BOSSY GLAM STUDIO

## Consultation Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Referred by: \_\_\_\_\_



## Medical / Personal Information

[If you do not have a provider, please answer "n/a"]

Primary Care Physician: \_\_\_\_\_

Dermatologist: \_\_\_\_\_

Dental Provider or Practice: \_\_\_\_\_

Gynecologist/OBGYN: \_\_\_\_\_

Mental Health Provider: \_\_\_\_\_

Have you ever had body contouring or vacuum therapy treatments before? No  Yes

If so, when? \_\_\_\_\_

Are you pregnant, trying to get pregnant, nursing or is there a chance you might be? No  Yes  N/A

Do you currently have a hernia? No  Yes

Do you have a pacemaker, or internal metal device (ie rods, plates, screws)? No  Yes

Do you bruise easily? No  Yes

Are you taking any blood thinners ie aspirin, warfarin, coumadin? No  Yes  Unsure



Have you ever been treated with Accutane, Isotretinoin, or Retin-A? No  Yes  Unsure

If so, when? \_\_\_\_\_

Do you exercise? No  Yes

If yes, list the frequency and intensity: \_\_\_\_\_

Do you consume any tobacco or cannabis products? (select all that apply)

- Cigars                       Hookah                       Cannabis
- Cigarettes                       Vape                       Other: \_\_\_\_\_

If any, please list the type and frequency: \_\_\_\_\_

Do you consume any alcoholic products? (select all that apply)

- Beer                       Liquor                       Wine                       Other: \_\_\_\_\_

If any, please list the type and frequency: \_\_\_\_\_



# Medical History

Allergies (select all that apply)

- Food                       Seasonal                       Drugs                       Other: \_\_\_\_\_

If any, please specify: \_\_\_\_\_

Medications you are currently taking (select all that apply)

- Prescribed                       Herbs                       Supplements                       OTC
- Other: \_\_\_\_\_

If any, please list the type and the dosage: \_\_\_\_\_

Have you ever had:                       Surgeries                       Hospitalization



Reason / Date(s): \_\_\_\_\_

Family History (select all that apply)

- Allergies       Neurologic Disorders       Obesity
- Cancer       Hypertension       Heart Disorders
- Diabetes       Genetic Disorders       Other: \_\_\_\_\_

Please elaborate on the condition & Relationship: \_\_\_\_\_

Treatment History

Are you currently being treated by a health care provider? (select all that apply)

- Primary Care       Dental       Dermatologist       Mental Health
- OBGYN/Gynecologist       Other: \_\_\_\_\_

If so, please specify: \_\_\_\_\_

Have you had prior plastic surgery of the face or body? No  Yes

Have you had prior neurotoxin? No  Yes

Have you had prior permanent make-up services? No  Yes

Have you had prior dermal filler? No  Yes

If you answered any of the above 4 questions with "yes", please list details: \_\_\_\_\_

Do you have any history of the following pre-existing conditions? [if yes, explain in the space provided]

Cancer or pre-cancerous lesions? No / Yes \_\_\_\_\_

Chronic Medical Conditions? [obesity, tobacco cessation, osteoporosis, ASCVD, diabetes, hypertension, hyperlipidemia] No / Yes \_\_\_\_\_

Heart Disorder? [coronary heart disease, irregular heart beat, murmur, other] No / Yes \_\_\_\_\_



Skin Disorder? [oral cold sores, keloids, hypertrophic scarring, skin diseases/lesions, other] No / Yes

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Autoimmune Diseases? [rheumatoid arthritis, ulcerative colitis, Crohn's disease, MS, other] No / Yes

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Communicable Diseases? [HIV/Aids, Covid-19, hepatitis, other] No / Yes

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Blood Clotting Disorders? [clots, phlebitis, hemophilia, thrombophilia, other] No / Yes

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Neurological Disorders? [stroke, seizures, bell's palsy, numbness of face, other] No / Yes

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I certify that the preceding medical, personal, and skin history statements are true and correct to best of my knowledge. I am aware that it is my responsibility to inform my technician of my past or current medical history in order for my technician to have the most current information on hand.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please answer the following questions so we can better service you:

What treatments are you interested in? [check all that apply]

Prevention Therapies

Correction Therapies

Anti-Aging Therapies

Regenerative Skin Treatments

Facial Tightening/Contouring

Body Contouring/Tightening

Collagen Stimulation

Active Acne Treatments

Acne Scars and/or Dark Spot

Skin Products

Photo facial Pulse Light (IPL)

Wellness Therapies

Weight Loss Therapies

8-point Tox Facelift

Non-surgical Butt Lift

Other: \_\_\_\_\_

Do you have a Budget? [circle one]

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\$\$\$

\$\$\$\$



Which most closely describes your:

Skin Type [select all that apply]

- Normal       Oily       Dry/dehydrated       Acne-prone  
 Mature       Combination

Current skin care routine [select all that apply]

- Simple - Once a day       Basic - am/pm       Complex - 10 step  
 Intermediary - Facials or face masks  
 Advanced - Maintenance treatments (ie chemical peels, micro needling, photo facials)

List all skincare products that you use:

Cleanser: \_\_\_\_\_

Moisturizer: \_\_\_\_\_

Eye Cream: \_\_\_\_\_

Sunscreen: \_\_\_\_\_

Toner: \_\_\_\_\_

Antioxidant Serum: \_\_\_\_\_

Growth Peptides: \_\_\_\_\_

Retinol: \_\_\_\_\_

Reaction to the sun with no protection?

- Always burn, never tan       Skin usually burns, tans w/difficulty       Sometimes burn, tans gradually  
 Rarely burn, tans easily       Very rarely burns, tans very easily  
 Never burns, tans very easy, deeply pigmented

Skin, hair, eye pigmentation?

- Light, pale white, likely blonde or red hair [blue eye color]  
 White, peach, fair [blue, green, hazel eye color]  
 White to light brown, olive [dark blue, hazel, brown eye color]  
 Brown, dark brown [dark brown eye color]  
 Olive, light to moderate brown [light brown, brown eye color]  
 Very dark brown to black [dark brown eye color]



What are your main concerns? [check all that apply]

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Signs of aging/skin laxity           | <input type="checkbox"/> Sun damage             | <input type="checkbox"/> Acne scarring          |
| <input type="checkbox"/> Dark spots or pigmentation           | <input type="checkbox"/> Volume loss            | <input type="checkbox"/> Jaw pain               |
| <input type="checkbox"/> Cellulite or stretch marks           | <input type="checkbox"/> Redness                | <input type="checkbox"/> Freckles               |
| <input type="checkbox"/> Excess or unwanted fat/skin          | <input type="checkbox"/> Uneven skin texture    | <input type="checkbox"/> Collagen production    |
| <input type="checkbox"/> Under-eye bags or drooping eyelids   | <input type="checkbox"/> Active acne or rosacea | <input type="checkbox"/> Dehydrated or dry skin |
| <input type="checkbox"/> Facial wrinkles, fine lines, creases | <input type="checkbox"/> Lack of muscle tone    |   |
| <input type="checkbox"/> Other: _____                         |   |   |

Please rank your top concerns [First, Second, Third]

\_\_\_\_\_

What are your treatment goals? \_\_\_\_\_

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What questions do you have? \_\_\_\_\_

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Technician Notes:

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